

**NORTH TONAWANDA
SENIOR CITIZEN CENTER**

110 Goundry Street North Tonawanda, NY 14120
Telephone: 695-8582—Fax: 695-8530
www.NTParksrec.com 8:30am-4:30pm

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Return Service Requested

Pamela A. Hogan M.S.
Recreation & Senior Coordinator

February 2019



Happy Valentines Day!

The History of Conversation

Although it is impossible to credit one person with this sweet invention, the company responsible for their popularity is the New England Confectionary Company also known as NECCO. In 1847 the peppermint lozenge cutter was invented by Oliver Chase. Mr. Chase teamed up with his brother, Silas Evan to create the Chase Candy Company. Thirteen year later, Daniel Chase, the bother of Olive, came up with a brilliant invention that allowed him to print text on the peppermint lozenges. The first “conversation” candies were in in the shape of hearts but rather shells and text and were inscribed on a foil wrapper not the candy itself.

In 1900, one year before the Chance Candy Company merged with three other candy companies to become the New England Confectionary Company, the first “Motto Candy” was invented, although it was not in the shape of a heart again. The candy was, however, called “Sweet Hearts.”

The first imprinted candies were in the shapes of baseballs, horseshoes and watches. The enlarged shapes allowed for longer imprinted sayings. As time passed the sayings got shorter and eventually fit perfectly on a heart shaped candy.

According to the NECCO company “during the peak period of production, up to one hundred thousand pounds of conversation hearts are made each day.

**MINI GROCERY
& MID-CITY SHOPPING**

Susan Terry

Our shopping time for Budweys is 10am. The shopping times at Tops/Mid-City are 11:15am and 12:30pm with a 1:45pm time available if all of the earlier time slots are filled. Shopping days are Tuesday, February 5, 12, 19 & 26. If you need the front seat, please request it when you register. Try to keep your groceries to no more than four bags.

Please be ready 15 minutes before your scheduled time and be patient if you have to wait a little past the pick up time. We live in a small city, but it still takes time to go from one side of NT to the other, and we don't all move as quickly as we would like anymore!

Also, if you need to cancel please do so the day before or by 9:30am the morning of your scheduled time. The office cannot reach me once we are on the road. This service costs \$2.00 and is for NT residents only.

Looking forward to driving you! ~ Susan

NIAGARA COUNTY NUTRITION

Sharon Lewis, Nutrition Site Director

Niagara County offers a lunch program at the center at 11:45am Monday-Friday. The suggested donation for a lunch is \$3.25. One full day notice is required.

Roundtrip transportation is also available. Please call 694-2105 for making or canceling a reservation. Monday-Friday 10am-12:30pm.

ATTORNEY- Gary Billingsley

The Office for the Aging has a legal assistance program for anyone 60 and over living in Niagara County. There are no fees but contributions are accepted. The lawyer is available once a month. Please call the office to schedule an appointment.

Due to high volume of requests and time constraints please understand that more than one person is scheduled for each time slot. Please come prepared to wait for your turn with the attorney.

**NIAGARA COUNTY INFORMATION
& REFERRAL PROGRAM**

Victoria Cascia the representative from the Niagara County Office for Aging will be available every Wednesday of the month at our center from 10am —1 pm. Victoria can help any senior with insurance, Medicare, HEAP, and other applications or referrals. Any questions please call 694-2105.

WALMART/WEGMANS

Chrystal Manzare

Walmart / Wegmans shopping will take place on Wednesday, February 6th. The trips to Walmart cost \$2 and can be scheduled for 10:30 am and 11:45 am.

The trips to Wegmans cost \$4 and can be scheduled for 9:30am. Please call the office to register. This service is for North Tonawanda seniors only.

**BOULEVARD MALL &
CHRISTMAS TREE STORE**

Chrystal Manzare

The Niagara Falls Boulevard shopping trips will be taking place on Wednesday, February 20th. The trips to the Boulevard Mall are scheduled for the 9:30am and 10:30am time slots.

Trips to the Christmas Tree Store can be scheduled for the 11:45am time slot. The cost for this service is \$4.00.

FOOD STAMP PROGRAM

Michele Cox from NIACAP will be at our center on Friday, February 1st from 9am –12pm to assist in Food Stamp recertification and applications.

BINGO- Sherrie Hart

Bingo is held every Thursday at 1:30pm. The cost for 2 boards is \$1 which also includes a refreshment, coffee & tea. You must be at least 55 years old to play. We also conduct a 50/50 at each session to help defray the cost of running the Bingo program. The 50/50 tickets are 3 for \$1.

Thank you to all of our volunteers!

Joanne Catipovic, Eileen Lewis, Jane McDermott, Sharon Lewis, Carol McMeekin, Gloria Nowakowski, Judy Stoutenburg, Rhonda Holka, Jenni Gauda & Beth Feenin.

SCRABBLE & DOMINOS

The center is open on Friday afternoons for anyone who wishes to play Scrabble, Dominos or work on puzzles. The tables are free to use after 1pm. Coffee and tea will be available for 25 cents per cup.

PINOCHLE CLUB

Joan Coronado & Diane Juliano

Any senior interested in playing Pinochle is welcome to play every Tuesday afternoon at 1pm. Coffee and tea will be available for 25 cents per cup.

EUCHRE- Ray & Donna Reynolds

This group meets every Friday afternoon at 1pm. All seniors are welcome to join in on the fun. Coffee and tea will be available for 25 cents per cup.

CLUB 99

Anita Zebulske & Mary Ann Linkowski

Club 99 is an exercise program offered by Niagara County Office for Aging. This program is free to any senior. The program uses stretch and a strengthening routine to improve overall muscle tone.



This program will take place every Monday and Wednesday. The Monday class will start at 9:00am and the Wednesday class will start at 10:00am. If you already have an exercise band or a small ball please bring it with you.

GENERAL MEMBERSHIP

Bea Hapeman - President

The next General Membership meeting will be held on Wednesday, March 13th at 5:30pm at the St. Patrick's Day Dinner Dance. All members are welcome.

SUNSHINE CLUB

Sharon Lewis



Hear of someone ill or injured? Please let the office or Sharon know so she can send out a card promptly. Donations of cards or stamps are always appreciated.

Greeting cards can be purchased at the center for 25 cents EACH to help defray the cost of postage. Donations of general greeting cards are needed & appreciated.

RED HATTERS- Joan Dirmyer



The next Red Hatter's meeting is Thursday, February 14th at 6pm. Our entertainment on for February will be "Cooking with Ben" New members are welcome.

SPECIAL EVENTS /SERVICES

MOVIE MONDAY- Eileen Lewis

Come and enjoy a movie with us on Monday, February 11th at 1:30pm. Our movie this month will be Tyler Perry's Diary of a Mad Black Women. This is a 2005 romantic comedy drama written by and starring Tyler Perry. It is Perry's debut feature film. Cinema Score reported that audiences gave the film a rare "A+". Soda and popcorn will be served.

VALENTINE'S DINNER DANCE

Wednesday, February 13th



This year we will be having our Annual Valentine's Dinner Dance on Wednesday, February 13th. The doors will open at 5pm, dinner will be served at 6pm and music will play from 7:30-9:30pm. Tickets are on sale for \$17.00 each. The menu will include baked chicken, breaded pork chop, mashed potatoes, stuffing, gravy, candy carrots, sweet & sour cabbage & cheese cake for dessert. The Second Time Around will entertain from 7:30pm-9:30pm.

FOOD FUN WORKSHOP

Tuesday, March 5th

Join The Food Bank of WNY Nutritionist Marla as she presents a fun workshop on healthy eating with fruits and vegetables! She will discuss tips for stretching your food dollars and eating healthy on a budget. Come taste her Fiesta Potato Salad and bring home low-cost recipe ideas! Please call the office to pre-register at 695-8582.



AARP INCOME TAXES SERVICES

The center is fortunate again this year to have volunteers from AARP to offer income tax preparation this year. This service is available by appointment only. If you are interested in receiving this service please call 695-8582. Appointments are limited.



St. Patrick's Day Dinner Dance

Our Annual St. Patrick's Day Dinner Dance will be taking place on Wednesday, March 13th at our center.

The doors will open at 5pm, dinner will be served at 6pm and music will entertain from 7:30-9:30pm. The menu will include corned beef, baked chicken, carrots, cabbage, potatoes, salad, rolls, butter and cheesecake for dessert. A short General membership meeting will take place at 5:30pm. Tickets will be sold for \$17 each. Tickets will be sold until Wednesday, March 6th.

ELDERWOOD AT TONAWANDA

Courtney Gfroerer from Elderwood in Tonawanda will be at our center on Tuesday, February 26th at 12:30pm for an information gathering. Courtney will be here with information regarding the services Elderwood offers and will be able to answer any questions anyone may have.

CLARITY GROUP

Pat Halt from the Clarity group will be at our center on Friday, February 8th at 12:30pm for an informational gathering. Pat will be information on several insurance companies and will be able to answer questions from the public.

UNIVERA

Maria Schenk from Univera will be at our center on Tuesday, February 5 at 10am—noon for an informational seminar. Anyone from the public is welcome to attend.

BLUE CROSS & BLUE SHIELD

Michelle Fariana from Blue Cross & Blue Shield will be at our center on Monday, February 11th at 10am—noon for an informational seminar. Anyone from the public is welcome to attend.

In The Community....

First Methodist in North Tonawanda

A \$2/donation-Luncheon is held on the 4th Saturday of every month at 11:30am. The First Methodist church is on the corner of Main and Tremont Street in North Tonawanda.

MEMBERSHIP UPDATES

New Members: Charles & Janice Wilder, Gerald Bridges

In Nursing or Rehabilitation Facilities:

Peggy Hawkins, Elsie Nachreiner, Janice Koch, Florence Gawrys, Dorothy Batt, Ann Putz, Don Mallow, Agnes Wilson and Florence Bloomfield.

Deceased: Marian Szymkowiak, Rayola Kinney, Helen Pasiak, Roger Behm, Alice Carlson

Home From Hospital: Joan Bentley

In Hospital: Mary Sattelberg and June Kerr

VOLUNTEER CORNER

Just a reminder.... The folding and mailing of the February's newsletter will be taking place at 9:30 am on Wednesday, January 24th. Everyone is encouraged to help.

Newsletter volunteers:

John Davisson Jr, Joe Pusateri, Linda Elliot Karen Krentz, Phyllis Dubichas, Mary Drescher, Dorothy Muniak, Michael Bass, Joan Dirmyer and John Davisson

February 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1. Turkey and cheese sub With lettuce and tomato On a small hoagie roll Cheesy broccoli soup Potato salad, fruited gelatin with whip topping
4. Cheese tortellini with meatballs & tomato sauce, Capri blend vegetables, Italian bread and fresh fruit	5. Mild Italian sausage link or patty with green peppers & onions on a hot dog or hamburger roll Parsley buttered rotini California blend vegetable, tapioca pudding	6. Baked chicken leg Seasoned brown rice Beets Whole wheat bread Chilled pears	7. Sliced turkey w/ gravy Bread stuffing Green beans Muffin Fresh orange	8. Stuffed pepper with sauce Mashed potatoes Broccoli Whole wheat bread Mandarin orange delight
11. Hot roast beef sandwich With gravy on wheat sandwich roll Mashed potatoes Vegetable barley soup Fresh fruit	12. Roast pork au jus Scalloped potatoes Carrot coins Dinner roll Apple crisp	13. Ground beef and mushroom casserole with biscuit crust Rice Florentine Brussels sprouts Deluxe fruit salad	14. Valentine's Day Special Baked chicken breast Pesto pasta Vegetable mix Pumpernickel bread Red velvet cake with cream cheese frosting	15. Beef stew Spinach biscuit Chilled peaches
18. Presidents Day Holiday No Meals Served today	19. Stuffed cabbage roll With meat sauce Mashed potatoes French style green beans Whole wheat dinner roll Chill fruit cup	20. Seasoned chicken breast, carrots Pepper potato soup Whole wheat pita bread Hello Dolly Bar	21. Spaghetti & meatballs Chef salad (iceberg/cabbage, carrots, tomato, cucumber) Italian bread, fruited gelatin with whipped topping	22. Macaroni and cheese Stewed tomatoes Wheat bread Chilled pears
25. Sliced turkey breast with gravy Bread stuffing Carrots Bran muffin Fruit cocktail	26. Cheeseburger supreme On wheat bun Potato wedges Brussels sprouts S'more pudding parfait	27. Cheese manicotti with tomato sauce Broccoli Italian bread Sugar cookies	28. Center cut pork chop Ranch mashed potatoes Peas Whole wheat bread applesauce	

FEBRUARY 2019

Mon	Tue	Wed	Thu	Fri
				1. AARP Taxes 9:00 Food Stamps 11:45 Nutrition 1:00 Scrabble 1:00 Dominos 1:00 Euchre
4. 9:00 Club 99 11:45 Nutrition	5. Grocery/Mid-City 10:00 Univera 11:45 Nutrition 1:00 Pinochle	6. Wal-Mart Shopping 10-12 Info & Referral 10:00 Club 99 11:45 Nutrition	7. 11:45 Nutrition 1:30 Bingo	8. AARP Taxes 11:45 Nutrition 12:30 Clarity Group 1:00 Scrabble 1:00 Dominos 1:00 Euchre
11. 9:00 Club 99 10-12 Blue Cross & Blue Shield 11:45 Nutrition 1:30 Movie Day	12. Grocery/Mid-City 11:45 Nutrition 1:00 Pinochle	13. 10-12 Info & Referral 10:00 Club 99 11:45 Nutrition Valentine's Day Dinner Dance 	14. 11:45 Nutrition 1:30 Bingo 6:00 Red Hat Mtg.	15. AARP Taxes 11:45 Nutrition 1:00 Scrabble 1:00 Dominos 1:00 Euchre
18. President's Day Center is Closed	19. Grocery/Mid-City 11:45 Nutrition 1:00 Pinochle	20. NF Blvd Shopping 10-12 Info & Referral 10:00 Club 99 11:45 Nutrition	21. 11:45 Nutrition 1:30 Bingo	22. AARP Taxes 9:30 Newsletters 11:45 Nutrition 1:00 Scrabble 1:00 Dominos 1:00 Euchre
25. 9:00 Club 99 11:45 Nutrition	26. Grocery/Mid-City 11:45 Nutrition 12:30 Elderwood Tonawanda 1:00 Pinochle	27. 10-12 Info & Referral 10:00 Club 99 11:45 Nutrition	28. 11:45 Nutrition 1:30 Bingo	