

**NORTH TONAWANDA
SENIOR CITIZEN CENTER**
110 Goundry Street North Tonawanda, NY 14120
Telephone: 695-8582—Fax: 695-8530
www.NTParksrec.com 8:30am-4:30pm

PRSR STD
U.S. Postage
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N. Tonawanda, NY
PERMIT NO. 75

Return Service Requested

Pamela A. Hogan M.S.
Recreation & Senior Coordinator

DECEMBER 2018



Merry Christmas

Frosty days and ice-still nights
Fir trees trimmed with tiny lights
Sound of sleigh bells in the snow
That was Christmas long ago.

Tykes on sleds and shouts of glee
Icy-window filigree
Sugarplums and candle glow
Part of Christmas long ago.

Footsteps stealthy on the stir
Sweet-voiced carols in the air
Stockings hanging in a row
Tell of Christmas long ago.

Starry nights so still and blue
Good friends calling out to you
Life, so fast will always slow
for dreams of Christmas long ago.

-Jo Geis

**MINI GROCERY
& MID-CITY SHOPPING**

Susan Terry

Our shopping time for Budweys is 10am. The shopping times at Tops/Mid-City are 11:15am and 12:30pm with a 1:45pm time available if all of the earlier time slots are filled. Shopping days are Tuesday, December 4th, 11th and 18th. If you need the front seat, please request it when you register. Try to keep your groceries to no more than four bags.

Please be ready 15 minutes before your scheduled time and be patient if you have to wait a little past the pick up time. We live in a small city, but it still takes time to go from one side of NT to the other, and we don't all move as quickly as we would like anymore!

Also, if you need to cancel please do so the day before or by 9:30am the morning of your scheduled time. The office cannot reach me once we are on the road. This service costs \$2.00 and is for NT residents only.

Looking forward to driving you! ~ Susan

NIAGARA COUNTY NUTRITION

Sharon Lewis, Nutrition Site Director

Niagara County offers a lunch program at the center at 11:45am Monday-Friday. The suggested donation for a lunch is \$3.25. One full day notice is required.

Roundtrip transportation is also available. Please call 694-2105 for making or canceling a reservation. Monday-Friday 10am-12:30pm.

ATTORNEY- Gary Billingsley

The Office for the Aging has a legal assistance program for anyone 60 and over living in Niagara County. There are no fees but contributions are accepted. The lawyer is available once a month. Please call the office to schedule an appointment.

Due to high volume of requests and time constraints please understand that more than one person is scheduled for each time slot. Please come prepared to wait for your turn with the attorney.

**NIAGARA COUNTY INFORMATION
& REFERRAL PROGRAM**

Victoria Cascia the representative from the Niagara County Office for Aging will be available every Wednesday of the month at our center from 10am —1 pm. Victoria can help any senior with insurance, Medicare, HEAP, and other applications or referrals. Any questions please call 694-2105.

WALMART/WEGMANS

Chrystal Manzare

Walmart / Wegmans shopping will take place on Wednesday, December 5th. The trips to Walmart cost \$2 and can be scheduled for 10:30 am and 11:45 am.

The trips to Wegmans cost \$4 and can be scheduled for 9:30am. Please call the office to register. This service is for North Tonawanda seniors only

**BOULEVARD MALL &
CHRISTMAS TREE STORE**

Chrystal Manzare

The Niagara Falls Boulevard shopping trips will be taking place on Wednesday, December 19th. The trips to the Boulevard Mall are scheduled for the 9:30am and 10:30am time slots.

Trips to the Christmas Tree Store can be scheduled for the 11:45am time slot. The cost for this service is \$4.00.

FOOD STAMP PROGRAM

Michele Cox from NIACAP will be at our center on Friday, December 7th from 9am –12pm to assist in Food Stamp recertification and applications.

BINGO- Sherrie Hart

Bingo is held every Thursday at 1:30pm. The cost for 2 boards is \$1 which also includes a refreshment, coffee & tea. You must be at least 55 years old to play. We also conduct a 50/50 at each session to help defray the cost of running the Bingo program. The 50/50 tickets are 3 for \$1.

Thank you to all of our volunteers!

Joanne Catipovic, Eileen Lewis, Jane McDermott, Sharon Lewis, Carol McMeekin, Gloria Nowakowski, Judy Stoutenburg, Rhonda Holka, Jenni Gauda & Beth Feenin.

SCRABBLE & DOMINOS

The center is open on Friday afternoons for anyone who wishes to play Scrabble, Dominoes or work on puzzles. The tables are free to use after 1pm. Coffee and tea will be available for 25 cents per cup.

PINOCHLE CLUB

Gloria Wilczek & Diane Juliano

Any senior interested in playing Pinochle is welcome to play every Tuesday afternoon at 1pm. Coffee and tea will be available for 25 cents per cup.



TRAVELING WITH MEL-Mel Quast

The next Travel Club meeting will be held on Wednesday, December 12th at 1:30 pm. Coffee and tea will be available for 25 cents per cup. Questions on any trips please contact Mel Quast at 695-2170. Any checks can be mailed to 1722 Linden Ave, N.T. NY 14120.

Please remember to be on time for any trip. Every trip leaves promptly, it is best to arrive about 15 minutes early. All trips depart from the Manhattan St. Parking Lot; unless otherwise specified. Informational flyers can be obtained at the center on the table next to the main office. If you are diabetic it is always wise to bring a snack while you travel.

European Ski & Vacation Trip

January 11, 2019-January 26, 2019. Round trip air Buffalo-Munich, Germany. Dix Motor Coach transfers-Munich Airport-Neuhaus Hotel and return. 14 nights lodging at Neuhaus Hotel-breakfast & dinner daily-all air taxes, hotel tax and bus gratuities. Trip price : \$3,350.00 per person/double occupancy.

Christmas Over The Tavern

December 13th, 2018. A world premier musical from acclaimed playwright and Buffalo native, Tom Dudzick, that features an all-new holiday story about Buffalo's favorite family, Pazinskis. Christmas 1959 was not merry with dad going through mid-life depression and refusing to buy a tree. Sister Clarissa is threatening to expel 12 year old Rudy for performing a blasphemous one-man nativity scene and the family is worried that it may be their last Christmas together as a family.

A 3:30 pm depart North Tonawanda. Includes dinner at Orazio's restaurant in Clarence NY. Then enjoy 7:00pm show at Musical Fare, Daemen College and return at 10:30pm. The cost per person is \$85.00.



RED HATTERS- Joan Dirmyer

The next Red Hatter's meeting is Thursday, December 13th at 6pm. New members are welcome.

EUCHRE- Ray & Donna Reynolds

This group meets every Friday afternoon at 1pm. All seniors are welcome to join in on the fun. Coffee and tea will be available for 25 cents per cup.

GENERAL MEMBERSHIP

Bea Hapeman - President

The next General Membership meeting will be held on Wednesday, December 26th at 1pm all members are welcome.

SUNSHINE CLUB- Sharon Lewis

Hear of someone ill or injured? Please let the office or Sharon know so she can send out a card promptly. Donations of cards or stamps are always appreciated.

Greeting cards can be purchased at the center for 25 cents EACH to help defray the cost of postage. Donations of general greeting cards are needed & appreciated.

CLUB 99

Anita Zebulske & Mary Ann Linkowski

Club 99 is an exercise program offered by Niagara County Office for Aging. This program is free to any senior. The program uses stretch and a strengthening routine to improve overall muscle tone.

This program will take place every Monday and Wednesday. The Monday class will start at 9:00am and the Wednesday class will start at 10:00am. If you already have an exercise band or a small ball please bring it with you.

SPECIAL EVENTS

MOVIE MONDAY- Eileen Lewis



Come and enjoy a movie with us on Monday, December 10th at 1:30pm. Our movie this month will be Night at the Museum with Ben Stiller. Soda and popcorn will be served.

Saturday, December 1st

Santa's Workshop for Kids



We will again be apart of the NT Merchant's Winter Walk. We will be having our Santa's Workshop for Children from 11am—3pm. We will also be having a craft, vendor and bake sale. This event is open to the public.

The public will enjoy free coffee, tea, hot chocolate and cookies. We expect a visit from Santa from Noon-2pm. So bring your cameras too! Donations of unwrapped gifts and baked goods will be graciously accepted.

In The Community....

First Methodist in North Tonawanda

A \$2/donation-Luncheon is held on the 4th Saturday of every month at 11:30am. The First Methodist church is on the corner of Main and Tremont Street in North Tonawanda.

Words of Wisdom...

"We are all a little broken...
But the last time I checked
Broken crayons still colored the same...."

-unknown

MEMBERSHIP UPDATES

New Members: Alfreda Sutor, Julia Grimm, Nancy Lorch, Florence Kinnin, Eileen Britton, Catherine Staszak, Wilbur Reid, Rosalie Good, Janice Beal, Cheryl Lendano, Gloria & Chris Stanz

In Nursing or Rehabilitation Facilities: Peggy Hawkins, Elsie Nachreiner, Marian Szymkowiak, Janice Koch, Florence Gawrys, Dorothy Batt, Ann Putz, Don Mallow, Agnes Wilson and Florence Bloomfield.

Deceased: Jacqueline Kramer, Ruth Mittelstaedt, Doris Hayes & Pearl Reif

Home From Hospital: Joan Bentley, Alex Rossi & Sherwood Kramer

VOLUNTEER CORNER

Just a reminder... The folding and mailing of the January's newsletter will be taking place at 9:30 am on Wednesday, December 26th. Everyone is encouraged to help.


Newsletter volunteers

Michael Bass, Pauline Fetterman, Joe Pusateri, Masha Kennedy, Marjorie Brackett, Mary Drescher, Virginia Park, Mary Sattelberg, Dorothy Muniak, Shirley Kleinfelder, Maryann Linkowski and Karen Krentz

Merry Christmas & Happy New Year!



DECEMBER 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3. Sliced turkey with gravy Stuffing Carrots Biscuit Orange dream cake	4. Cheeseburger supreme (cheese, tomato, red onion, lettuce, pickles) Hamburger roll Potato wedges Brussels sprouts Chilled pears	5. Manicotti with tomato sauce Spinach Italian bread Snickerdoodle cookies Parmesan cheese	6. Chili con carne Crackers Seasoned rice Green beans Cornbread Fruit cocktail	7. Center cut pork chop Ranch mashed potatoes Peas Wheat bread applesauce
10. Salisbury steak with gravy Au gratin potatoes California blend vegetables Rye bread Oatmeal raisin cookies	11. Breaded Chicken Drumsticks Baked beans Scandinavian vegetables Wheat bread Jell-O Poke cake	12. Beef stroganoff Linguine Mixed vegetables bis- cuits Heavenly hash	13. Vegetable lasagna Parmesan cheese Spinach Italian bread Chilled peaches	14. Grilled chicken breast With lettuce & tomato Wheat sandwich roll Tri color pasta salad Cheesy broccoli soup Fresh fruit
17. Hot roast beef & gravy on a wheat bun Mashed potatoes Broccoli Brownie	18. Turkey and cheese sub with lettuce and tomato on a small hoagie roll Chicken cannelloni soup Italian green bean salad Fruited gelatin with whip topping	19. Chicken fingers with BBQ Sauce Potatoes O'Brien Country Blend Vegetables Cornbread Rice Pudding	20. Christmas Special Chick Kiev Twice baked potato Prince Edward potato Whole wheat dinner roll Cheesecake with cherries	21. Goulash Salad mix (Romaine & Mesclun, tomato/ cucumber/sweet onion) Dinner roll Fresh apple (salad dressing)
24. Baked chicken leg with gravy Confetti rice (peas & red pepper) Beets Cornbread Chilled pears	25. Merry Christmas No Meals Served Today 	26. Cheese tortellini with meatballs & tomato sauce, Parmesan cheese Capri blend Vegetables Italian Bread Fresh fruit	27. Meatloaf with gravy Mashed potatoes Carrots Wheat bread Chocolate pudding	28. Sliced glazed ham Scalloped potatoes Peas Rye bread Peach polka dot dessert
31. Stuffed pepper with meat sauce Mashed potatoes Broccoli Italian bread Mandarin orange delight				

DECEMBER 2018

Mon	Tue	Wed	Thu	Fri
3. 9:00 Club 99 11:45 Nutrition	4. Grocery/Mid-City 11:45 Nutrition 1:00 Pinochle	5. Wal-Mart Shopping 10-12 Info & Referral 10:00 Club 99 11:45 Nutrition	6. 11:45 Nutrition 1:30 Bingo	7. 9:00 Food Stamps 11:45 Nutrition 1:00 Scrabble 1:00 Dominos 1:00 Euchre
10. 9:00 Club 99 11:45 Nutrition 1:30 Movie Day	11. Grocery/Mid-City 11:45 Nutrition 1:00 Pinochle	12. 10-12 Info & Referral 10:00 Club 99 11:45 Nutrition 1:30 Travel Club	13. 11:45 Nutrition 1:30 Bingo 6:00 Red Hat Mtg.	14. 11:45 Nutrition 1:00 Scrabble 1:00 Dominos 1:00 Euchre
17. 9:00 Club 99 11:45 Nutrition 1:30 Movie Day	18. Grocery/Mid-City 11:45 Nutrition 1:00 Pinochle	19. NF Blvd Shopping 10 –12 Info & Referral 10:00 Club 99 11:45 Nutrition	20. 11:45 Nutrition 1:30 Bingo	21. 11:45 Nutrition 1:00 Scrabble 1:00 Dominos 1:00 Euchre
24. 9:00 Club 99 11:45 Nutrition The center closed immediately following lunch	25. Christmas– Closed 	26. 10 –12 Info & Referral 10:00 Club 99 11:45 Nutrition 1:00 General Membership Meeting	27. 9:30 Newsletters 11:45 Nutrition 1:30 Bingo	28. 11:45 Nutrition 1:00 Scrabble 1:00 Dominos 1:00 Euchre
31. 9:00 Club 99 11:45 Nutrition The center is closed immediately following lunch	January 1st Happy New Year 			